

Castle Semple Centre Expeditions



E-Mail: activities@clydemuirshiel.co.uk

Castle Semple Centre, Lochwinnoch Tel 01505 842 882 Ext. 21

www.clydemuirshiel.co.uk

Expeditions are the backbone of outdoor pursuits. On expedition, people have a chance to test themselves to find out their true mettle, be it a journey over water or land. The destination is just a place to go, getting there is how you discover your character.

The senior instructors will be happy to help you with organising all or part of the expedition, including meeting the group before hand to discuss the aims.



From a day trip on Loch Lomond to a week long expedition around the Summer Isles or hill walking in the Arrochar Alps we can organise and deliver to suit your needs.



Many expeditions take place in Clyde Muirshiel Regional Park's 108^{sq} miles of countryside, however activities can take place anywhere within Scotland. Castle Semple is a recognised Royal Yachting Association ([RYA](#)), and British Canoe Union ([BCU](#)) training Centre.

The centre caters for many groups of clients with additional support needs. These expeditions can be used as an excellent way to meet educational and personal goals during college courses.



Scottish Charity No. SC020022



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Activities are available throughout the year (weather permitting) with times, durations and locations to suit your needs.

Castle Semple Centre specialises in bespoke courses developed for individual clients, to your personal needs and specifications.

Before deciding on a venue or timescale it is helpful to find a focus for the expedition:

- Is it the experience itself?
- Do you require a qualification at the end of it? e.g. [RYA](#), [BCU](#), [ASDAN](#)
- Is it just the acquisition of a new skill?
- Is it part of a larger educational programme, to be enhanced by an expedition?

Once you have decided on the goals of the expedition a method of delivery will then be tailored to your needs.

Possible locations could be;

- Canoeing the Spey
- Walking the West Highland way
- Sea kayaking round the Summer Isles
- Several days paddling on Loch Lomond
- Walking in Glencoe



Expeditions not only meet the need of self-discovery but develop skills in the individual, learning how to paddle or navigate.

Expeditions also help develop self sufficiency, personal and social responsibility.

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Keeping a record of the journey is recommended it enables clear recall of the events during your journey and can be used as evidence for many educational qualifications, e.g. ASDAN, Duke of Edinburgh and Princes Trust.

Portfolios can be worked into the journey. Together with diary keeping and review they are invaluable when evaluating the experience.

The Department of Education actively supports the use of outdoor education and in particular the expedition aspect of it.

"Every young person should experience the world beyond the classroom as an essential part of learning and personal development, whatever their age, ability or circumstances. To make this a reality, a [Learning Outside the Classroom Manifesto](#) has been launched."



Click links below for Brochures on:

- [Expeditions](#)
- [Residential](#)
- Activities
- Clients with learning support needs
- Education/ National governing body awards

Text only versions available at:

www.clydemuirshiel.co.uk/courses.aspx

[David Hill](#) and [Willie McLeod](#)

would be pleased to deal with your enquires by phone or email.



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